

STEPS FOR MVA

SECTION A - FIRST 90 DAYS FOLLOWING CAR ACCIDENT



INITIAL CONTACT AND BOOKING

Client contacts the clinic after a motor vehicle accident. They must have an active claim with their auto insurance company.

PAPERWORK SENT TO INSURANCE

The treatment plan is submitted to your auto insurance company. A doctor's referral may be requested by your MVA adjuster to support your claim.

FIRST APPROVAL

You and your psychologist are told how many sessions are approved. Billing is usually handled directly with your insurance.

FIRST VISIT (ASSESSMENT)

Meet with a psychologist after the accident. Share your symptoms and concerns. The psychologist starts to prepare a treatment plan.

INSURANCE REVIEW

Your insurance adjuster looks over the treatment plan. They decide how many sessions they will cover.

CONTINUED CARE

Your therapist may recommend additional sessions from your MVA adjusters.